

Are You Ready to Rule Your Life?

Take this assessment to see how aligned you are with the principles of living a life that truly rules. By reflecting thoughtfully on each guiding principle, you'll uncover insights into your strengths and identify areas where you can grow.

For each statement, please rate yourself on a scale of 1 to 5:

1 = Strongly Disagree **2** = Disagree **3** = Neutral **4** = Agree **5** = Strongly Agree

Take your time as you respond to each question—this assessment is for your personal reflection and will guide you in determining whether this course is the right fit for your journey ahead.

1. The Rule of Surrender: Embracing Flow and Letting Go

----- I feel comfortable surrendering control in my life.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I often find myself in a state of flow during activities I enjoy.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

2. The Rule of Intuition: Listening to Life's Whispers

----- I trust my intuition when making decisions.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I regularly listen to my inner voice and act upon it.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

3. The Rule of Authenticity: Living Your Truth

----- I live in alignment with my true self.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I express my authentic self in my daily interactions.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

4. The Rule of Stillness: Finding Clarity Through Openness

----- I take time for stillness and reflection in my life.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I feel clarity when I allow myself to be open and present.
1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

5. The Rule of Creativity: Unlocking the Flow of Inspiration

----- I regularly engage in creative activities that inspire me.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I feel that I am living in a state of creative flow.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

6. The Rule of Transformation: The Three Core Principles for Change

----- I understand how my thoughts shape my reality.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I am open to embracing change in my life.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

7. The Rule of Empowerment: Tapping Into Inner Wisdom

----- I feel empowered to make decisions that benefit me.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I recognize my inner wisdom and often rely on it.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

8. The Rule of Growth: Tools for Personal Transformation

----- I actively seek opportunities for personal growth.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- I practice gratitude regularly and recognize its importance.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

----- Total **What Your Score Means for You**

Once you've completed the assessment by rating each statement from 1 to 5, add up your total score to see your recommendations below:

Total Score: 0 - 8

Recommendation: Take the Next Step to Unlock Your Full Potential! You may find yourself feeling stuck or unfulfilled in certain areas of your life. This course will provide you with valuable insights and tools to help you thrive.

Total Score: 9 - 14

Recommendation: This Course Could Be a Game Changer for You! You have a solid foundation, but there are areas where you can enhance your growth and well-being. This course will help you deepen your understanding and implement practical strategies for positive change.

Total Score: 15 - 16

Look at You, Living Your Best Life! Congratulations!

You are already on a path to success and fulfillment. While you may still find value in the course, your current mindset and practices reflect a strong alignment with the principles of thriving. Keep up the great work!